



**NYS
& CSEA
Partnership**
for Education and Training



April 2008

Ergonomic Product Guide is Here!

The NYS & CSEA Statewide Safety and Health Committee is pleased to announce the release of the *Ergonomic Product Guide*. This web guide will help New York State employees, agency managers, and CSEA leaders learn about:

- The basics of ergonomics in the work environment and how to reduce work-related injuries.
- How to address risk factors through the selection and use of equipment that may eliminate or minimize injury for employees in food service, groundskeeping/maintenance, laundry/housekeeping, and mail and supply/shipping and receiving positions.
- Examples of ergonomic products available that can help reduce the chances of developing work-related injuries, such as carpal tunnel syndrome, back injuries, and tendonitis.

The guide was prepared through the collaboration of the New York State Governor's Office of Employee Relations, CSEA, and the NYS & CSEA Partnership for Education and Training.

Go to: www.nyscseapartnership.org to download your copy.

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